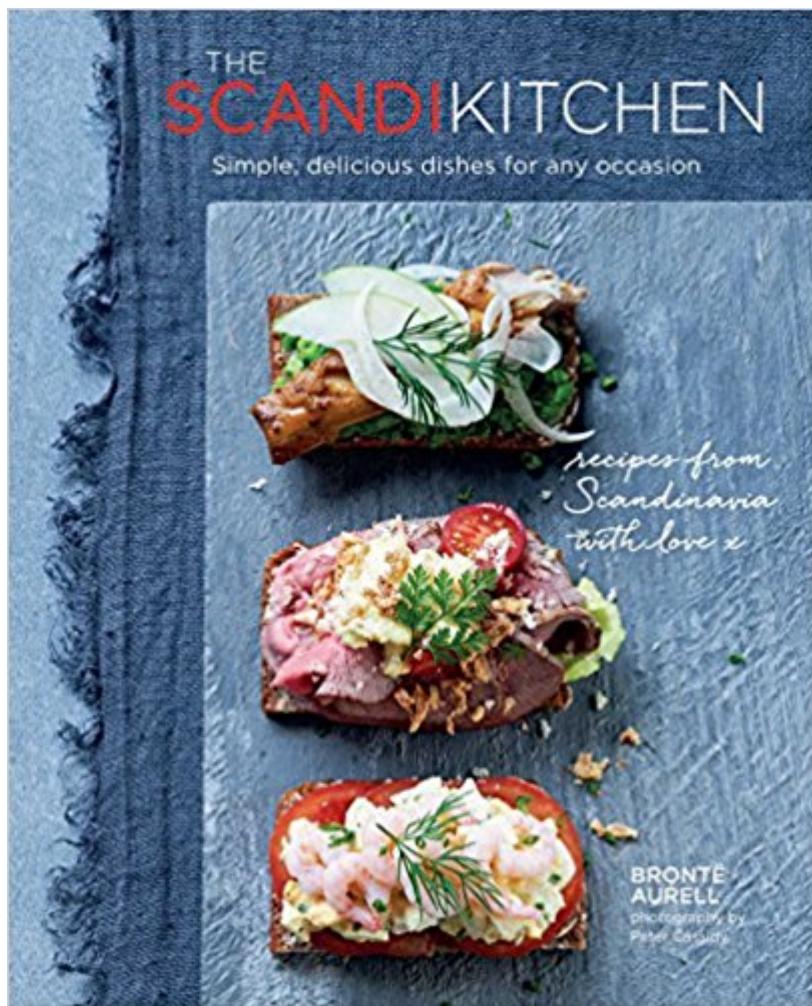


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The Scandi Kitchen: Simple, Delicious Dishes For Any Occasion



Synopsis

This accessible and entertaining introduction to Scandinavian food contains over 80 recipes to try at home, developed by Bronte Aurell, owner of the popular ScandiKitchen Cafe in London's bustling West End. There's so much more to Nordic food than pickled herring and meatballs. Stretching from the midnight sun of northern Norway to the flat, fertile fields of Denmark, Scandinavian food culture is a lot more varied than you might think. Dishes and ingredients link all the regions together, bringing a uniquely Nordic food experience to life that was created by thousands of years of heritage and shared culture. Scandinavian food is simple. Natives call it *Æðehusmanskost* (farmer fare). It's natural and honest. When you work with the very best produce, there's no need to overcomplicate it. Its appeal lies in the fact that it is healthy, wholesome, flavorsome, simple to make and beautiful to look at. This book features recipes for all occasions and times of the day, ranging from morning buns, lunchtime savories, hearty dinners, and indulgent desserts, to bakes and other foods for special celebrations. Enjoy fresh and simple open sandwiches, healthy Nordic salads, delicious traditional hot dishes, and indulgent cakes. Discover new flavors and textures from mustard pickled herring and gravlax to sticky Kladdkaka cake.

Book Information

Hardcover: 160 pages

Publisher: Ryland Peters & Small (September 10, 2015)

Language: English

ISBN-10: 1849756546

ISBN-13: 978-1849756549

Product Dimensions: 7.5 x 9.2 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars 11 customer reviews

Best Sellers Rank: #83,033 in Books (See Top 100 in Books) #7 in Books > Cookbooks, Food & Wine > Regional & International > European > Scandinavian #47 in Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Burgers & Sandwiches

Customer Reviews

Bronte Aurell is a Danish entrepreneur, restaurateur and cook. Together with her Swedish husband Jonas, she runs the acclaimed ScandiKitchen Cafe and shop in central London. A keen cook herself, Bronte has been published widely in magazines and newspapers, including UK national

newspapers 'The Guardian', 'The Times' and, 'The Sunday Express'. Bronte and her food have also featured on BBC Radio and Danish TV. She lives in London with Jonas and their two young daughters.

What a wonderful cookbook, I've made the carrot cake and the cinnamon buns and they've both been wonderful - the carrot cake in particular was super light and delicious!

My first ScandiKitchen cookbook. Get this one and the other one on Fika and Hygge. Then you'll want to read more on Danish living. Try My Year of Living Danishly and you'll have a trio of fun reading and eating.

Wonderful Scandinavian cookbook with beautiful recipes.

As a person of Swedish heritage, it met my expectations.

Really nice and fun to learn how to cook with this book the Nordic food

Very good classic Scandinavian receipes, must better than modern ones.

Absolutely a great book with lots of authentic Scandinavian recipes.

Great dishes with simple ingredients and easy instructions. My favorites are the Swedish meatballs, Nordic fish soup, smoked salmon and egg open sandwich, and the cinnamon buns!

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